



# Gatekeeper Training for Suicide Prevention

Ask a Question, Save a Life

Instructed by Tanya Kvarta & Rebecca Valle

**AUGUST 11<sup>TH</sup>, 2021** (SEATING IS LIMITED)

**9:00 A.M. – NOON**

**CAMBRIA COUNTY ACADEMIC CENTER**

110 FRANKLIN STREET, SUITE 100, JOHNSTOWN, PA 15901

**FOLLOW LINK TO REGISTER: [HTTPS://WWW.SURVEYMONKEY.COM/R/QPR8112021](https://www.surveymonkey.com/r/QPR8112021)**

## What is QPR?

**QPR** stands for Question, Persuade, and Refer —three simple steps that anyone can learn to help save a life from suicide.

The **QPR Gatekeeper Training for Suicide Prevention** is a brief educational program designed to teach “gatekeepers,” those who are strategically positioned to recognize and refer someone at risk of suicide, the warning signs of suicide and how to responsibly respond by following three steps:

1. Question the individual’s desire or intent regarding suicide
2. Persuade the person to seek and accept help
3. Refer the person to appropriate resources

## Who Can Attend?

This training is free and open to all **Cambria County** provider agencies, schools, human service agencies, community organizations, and those who live and work in the community. QPR, guided by certified trainers, is a program designed for everyone to learn what can be done to prevent suicide. In short, the more people trained in QPR, the more lives saved.

**As a QPR-trained Gatekeeper, you will learn to:**

- Recognize the warning signs of suicide
- Know how to offer hope
- Know how to get help and save a life

*\*Anyone wishing to attend this training who is not a Cambria County provider will be charged a non-refundable fee of \$15 payable in advance (An invoice will be sent to you).*

Sponsored by:



Any questions, please contact **Rebecca Valle** at [rvalle@bhocc.org](mailto:rvalle@bhocc.org)

This program is offered for **Three (3) hours** of social work continuing education through co-sponsorship of the University of Pittsburgh’s School of Social Work, a Council on Social Work Education-accredited school and, therefore, a PA pre-approved provider of social work continuing education. These credit hours satisfy requirements for LSW/LCSW, LPC and LMFT biennial license renewal. For information on social work continuing education call (412) 624-6902.